About the School’s Breakfast Program
The local primary school in St Leonards knew that many children were coming to school without breakfast, which affects children’s attention and participation in the classroom. The teachers at St Leonards Primary School contacted Bellarine Community Health to see if we could work together to start a breakfast program.

What do we want to see...
- More children eating breakfast
- Children concentrating and participating in the classroom
- Children enjoying breakfast
- Children and parents having a go at making breakfast at home

Breakfast Program Details
- The Breakfast Program runs every Tuesday morning
- All students can come and enjoy breakfast
- The canteen is open 8:15am til 9am
- Cereals, toast and juice is available.

What did we find out?
The program opened in June 2013, and now more children are eating breakfast on Tuesdays.

57.5% of children were eating breakfast in 2013, and 100% were eating breakfast in 2015. This is a 42.5% increase.

Would you like to know more?
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